



Do EMS Providers Accurately Ascertain Anticoagulant and Antiplatelet Use in Older Adults with Head Trauma?

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EDUCATION AND PRACTICE

DO EMS PROVIDERS ACCURATELY ASCERTAIN ANTICOAGULANT AND ANTIPLATELET USE IN OLDER ADULTS WITH HEAD TRAUMA?

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ABSTRACT

Objective: Prehospital provider assessment of the use of anticoagulant or antiplatelet medications in older adults with head trauma is important. These patients are at increased risk for traumatic intracranial hemorrhage and therefore field triage guidelines recommend transporting these patients to centers capable of rapid evaluation and treatment. Our objective was to evaluate EMS ascertainment of anticoagulant and antiplatelet medication use in older adults with head trauma. **Methods:** A retrospective study of older adults with head trauma was conducted throughout Sacramento County. All 5 transporting EMS agencies and all 11 hospitals in the county were included in the study, which ran from January 2012 to December 2012. Patients ≥ 55 years who were transported to a hospital by EMS after head trauma were included. We excluded patients transferred between two facilities, patients with penetrating head trauma, prisoners, and patients with unmatched hospital data. Anticoagulant and antiplatelet use were categorized as: warfarin, direct oral anticoagulants (DOAC; dabigatran, rivaroxaban, and apixaban), aspirin, and other antiplatelet agents (e.g., clopidogrel and ticagrelor). We calculated the percent agreement and kappa statistic for binary variables between EMS and emergency department (ED)/hospital providers. A kappa statistic ≥ 0.60 was considered acceptable agreement. **Results:** After excluding 174 (7.6%) patients, 2,110 patients were included

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for analysis; median age was 73 years (interquartile range 62–85 years) and 1,259 (60%) were male. Per ED/hospital providers, the use of any anticoagulant or antiplatelet agent was identified in 595 (28.2%) patients. Kappa statistics between EMS and ED/hospital providers for the specific agents were: 0.76 (95% CI 0.71–0.82) for warfarin, 0.45 (95% CI 0.19–0.71) for DOAC agents, 0.33 (95% CI 0.28–0.39) for aspirin, and 0.51 (95% CI 0.42–0.60) for other antiplatelet agents. **Conclusions:** The use of antiplatelet or anticoagulant medications in older adults who are transported by EMS for head trauma is common. EMS and ED/hospital providers have acceptable agreement with preinjury warfarin use but not with DOAC, aspirin, and other antiplatelet use. **Key words:** Emergency Medical Services; anticoagulants; platelet aggregation inhibitors; medication reconciliation; head injuries, closed

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BACKGROUND

Traumatic brain injury (TBI) accounts for an estimated 2.2 million emergency department (ED) visits, 280,000 hospitalizations and more than 50,000 deaths in the United States at an estimated cost of \$60 billion annually.^{1,2} With an aging population, older adults represent an increasing proportion of TBI patients treated at hospitals.³ Older adults have higher morbidity and mortality after TBI than younger patients due to anatomical differences, co-morbidities, and more frequent use of anticoagulant and antiplatelet medications.^{1,3–5} The concurrent use of these medications in the setting of head trauma is especially problematic, increasing the risk for traumatic intracranial hemorrhage (tICH) and post-traumatic disability and death.^{6–8} Rapid diagnosis of tICH with cranial computed tomography (CT) is critical to determine the need for reversal of anticoagulant and antiplatelet effects with medications and blood products. Patients who have a delay in reversal have increased morbidity and mortality.⁹ In patients on warfarin requiring immediate neurosurgical intervention, rapid and efficacious reversal to an appropriate international normalized ratio (INR) level is essential as INR levels >1.25 increase postoperative mortality.^{10–12}

Accuracy of medication history in patients with preinjury anticoagulant or antiplatelet use and head trauma is crucial. Clinicians who are unaware that their patient is taking one of these medications may not obtain appropriate diagnostic imaging.^{13,14} Recommendations for cranial CT imaging after head trauma is much more liberal in anticoagulated patients compared to patients not on these medications.^{13,15,16} Many of these patients are initially well-appearing and have low impact mechanisms of injury such as ground level falls, but have significant tICH requiring neurosurgical interventions and specialized critical care.^{17–20} Older adults have low trauma center utilization but a high rate of interfacility transfers.²¹ In the prehospital setting, however, a number of barriers exist to accurate

medication ascertainment including the acuity of the clinical presentation, limited access to prior medical records and medication lists, limited availability of family or translators, and unfamiliarity with medications by patients and their families. In addition, prehospital providers may be unaware of the names and uses of some of the newer anticoagulant or antiplatelet medications. Older adults with head trauma are particularly prone to these barriers, and they often have inaccurate and delayed medication reconciliation.²²

Our objective for this study was to evaluate emergency medical services (EMS) medication ascertainment of preinjury anticoagulant and antiplatelet use in older adults with head trauma. EMS medication ascertainment was compared to a reference standard of ED and hospital medication ascertainment.

METHODS

Study Design

This was a countywide, retrospective study at 5 EMS agencies and 11 hospitals. The study was approved by the UC Davis Institutional Review Board, the Dignity Health Sacramento-Sierra Regional Institutional Review Board, the Kaiser Permanente Northern California Institutional Review Board, and the Sutter Health Central Area Institutional Review Committee.

Study Setting and Subjects

This study was conducted primarily in Sacramento County, which encompasses 994 square miles and has a resident population of 1,445,327 (2010 census). Sacramento County is served by 5 advanced life support EMS agencies that respond to all 9-1-1 medical emergencies. Over 2,400 EMS personnel are certified or accredited by the Sacramento County EMS Agency, including approximately 1,050 Paramedics and 1,400 Emergency Medical Technicians. The county has 9 general acute care hospitals and access to 2 additional hospitals in the adjacent county. We included these two out-of-county acute care hospitals since Sacramento County EMS agencies routinely transport patients to these two hospitals. Cumulatively, these hospitals have a capacity of approximately 240 ED beds and 3,400 total staffed in-patient beds. One hospital is a Level I adult trauma center and 3 are Level II adult trauma centers. In 2011, there were 3,345 major trauma victims admitted to the 4 designated trauma centers from incidents within Sacramento County.

We included patients 55 years and older with head trauma who were transported to a hospital by EMS from January 1, 2012 to December 31, 2012. The age cutoff of 55 years was chosen based on recommendations of the National Expert Panel on Field Triage, 2011.¹⁸ The risk for death after injury increases after age 55.¹⁸ The patient cohort was identified using

billing data of the EMS agencies and the *International Classification of Diseases, 9th revision, Clinical Modification (ICD-9-CM)* diagnosis codes 959.01 (head injury unspecified) or 959.09 (injury of face and neck). Other head injury ICD-9 diagnostic codes were not used (e.g., 851 to 854 [traumatic intracranial hemorrhage]) as these codes require CT imaging for appropriate diagnosis. We excluded patients transferred by EMS from another receiving facility (interfacility transport), patients with penetrating head trauma, prisoners, and patients with unmatched hospital data.

Study Protocol and Measurements

All EMS agencies used similar prehospital patient care report (PCR) forms that included transport information, patient demographics, medical history, history of present illness, vital signs, physical examination findings, treatments, and assessments. Three of the EMS agencies used paper PCR forms and two of the agencies used electronic PCR forms. All medications were written or typed in.

A trained research coordinator abstracted the following data from EMS charts: patient identifiers (name, date of birth), transport characteristics (date of transport, EMS agency, level of transport, level of EMS provider, receiving hospital), antiplatelet and anticoagulant use in the past week (listed anywhere in the EMS chart), mechanism of injury, and clinical characteristics (initial Glasgow Coma Scale [GCS] score, reported dementia, reported intoxication). Anticoagulants included warfarin or direct oral anticoagulants (DOAC; dabigatran, rivaroxaban or apixaban). Antiplatelets included aspirin or other antiplatelet agents (clopidogrel, ticlodipine, prasugrel, dipyridamole, cilostazol, and ticagrelor).

Eligible EMS patient transports were linked to ED and hospital records using patient identifiers (name, date of birth, and date of transport). For the linked hospital visit, we reviewed ED and hospital electronic records including ED physician notes, hospital admission and discharge physician notes, and medication reconciliation lists and abstracted the following data: patient demographics (age, sex, ethnicity, and race), antiplatelet and anticoagulant use, and INR levels.

Data Analysis

We formatted the data and recoded the variables using STATA 13.1 statistical software (STATA Corp, College Station, TX). Descriptive statistics were used to characterize the study population overall and within each indication category. Non-normal interval data were reported with medians and interquartile ranges.

For each anticoagulant and antiplatelet category (warfarin, DOAC, aspirin, and other antiplatelet agent) we calculated the percent present per EMS, the over-

all agreement, the percent specific agreement within each response option, and the kappa statistic (with 95% confidence intervals [CI]) using normal approximation methods.²³ We considered a kappa statistic of 0.60 or higher to have acceptable agreement.^{24,25}

We conducted three sensitivity analyses. First, we compared EMS medication ascertainment of preinjury warfarin use to initial elevated INR levels (greater than 1.2) because the use of ED and hospital provider medication ascertainment may not be accurate as a reference standard. The INR level is an objective reference standard for warfarin use, but its use is limited in warfarin patients with subtherapeutic levels, patients who did not have an INR level obtained, and patients with elevated INR levels due to other factor deficiencies such as chronic liver disease rather than warfarin use. Second, we explored differences in medication ascertainment between different agencies by stratifying the warfarin, aspirin, and other antiplatelet agent groups by EMS agency and generated a plot of the kappa statistics with CIs. Third, we stratified EMS and ED/hospital agreement for preinjury warfarin use by level of transport (Advanced Life Support [ALS] vs. Basic Life Support [BLS]) and level of EMS provider (paramedic vs. non-paramedic) to evaluate for differences in level of training on medication ascertainment. For the 2nd and 3rd sensitivity analyses, we did not include the kappa statistics for the DOAC group due to the small number of patients with preinjury DOAC use during the study period.

RESULTS

Characteristics of the Subjects

We excluded 174 (7.6%) patients; 173 for unmatched hospital data and 1 with penetrating head trauma. Thus 2,110 patients were included for analysis. The median age was 73 years (interquartile range 62–85 years) and 1,259 (60%) were male. The most common mechanism of injury was fall from standing height or less (68%). The majority of patients had an initial GCS score by EMS of 15 (81%). Complete patient characteristics are reported in Table 1. The range of enrolled transports by EMS agency was 104 to 952 transports. Complete EMS provider characteristics are reported in Table 2.

Main Results

EMS providers recorded the use of any anticoagulant or antiplatelet medication in 349 patients (16.5%). Warfarin use was recorded in 123 patients (5.8%), direct oral anticoagulant use in 7 patients (0.33%), aspirin use in 184 patients (8.7%), and other antiplatelet use in 59 patients (2.8%). ED and hospital providers recorded the use of any anticoagulant or antiplatelet medication

TABLE 1. Patient Characteristics, *n* = 2110.

Characteristic	<i>n</i> (%)
Age, median (interquartile range)	73 (62–85)
Male sex	1259 (60)
Race	
• White	1403 (66)
• Black	172 (8)
• Asian	182 (9)
• American Indian/Alaskan Native	11 (0.52)
• Pacific Islander/Native Hawaiian	27 (1.3)
• Other	169 (8)
• Not reported	205 (10)
Hispanic	141 (6.7)
Initial prehospital Glasgow Coma Scale score of 15*	1638 (81)
Mechanism of injury	
• Direct blow to head	107 (5)
• Fall from greater than standing height	81 (4)
• Fall from standing height or less	1445 (68)
• Motor vehicle collision >35 miles per hour	117 (6)
• Motor vehicle collision ≤35 miles per hour	186 (9)
• Auto vs. pedestrian/bicyclist	58 (3)
• Other mechanism of injury	57 (3)
• Unknown mechanism	59 (3)
Pre-hospital intubation or use of bag valve mask device	4 (0.2)
Reported dementia	254 (12)
Reported intoxication	213 (10)
Primary language is not English	129 (6.1)
• If language was not English, prehospital provider was able to obtain an medication history	76 (58.9)
> Using some English	31 (41)
> Translated	41 (54)
> Other means	4 (5)

*missing GCS scores in 61 patients.

use in 595 patients (28.2%). Warfarin use was identified in 168 patients (8.0%), direct oral anticoagulant use in 15 patients (0.71%), aspirin use in 372 patients (17.6%), and 115 patients (5.5%) with other antiplatelet agent use. Overall agreement for any anticoagulant or antiplatelet medication use between EMS providers and ED and hospital providers was 90.5% with a kappa statistic of 0.45 (95% CI 0.41 to 0.49).

Only warfarin use (kappa 0.76) had acceptable agreement between EMS and ED/hospital providers while DOAC (kappa 0.45), aspirin (kappa 0.33), and other antiplatelet use (kappa 0.51) did not meet our acceptable

TABLE 2. EMS Provider Characteristics, *n* = 2110 transports.

Characteristic	<i>n</i> (%)
EMS Agency	
• Agency 1	278 (13)
• Agency 2	150 (7)
• Agency 3	104 (5)
• Agency 4	952 (45)
• Agency 5	626 (30)
Advance Life Support transport	1199 (57)
EMS provider was paramedic	1567 (74)

EMS: Emergency Medical Services.

agreement threshold (kappa 0.60 or higher). Percent agreement and the kappa statistic for each subgroup of preinjury anticoagulant and antiplatelet use are reported in Table 3 and Supplemental Table 1 (Online Supplement).

Sensitivity Analyses

When an elevated INR (>1.2) was used as the reference standard for warfarin use, EMS providers had an overall percent agreement of 95.4% (positive agreement of 70.8%, negative agreement of 97.5%) and a kappa statistic of 0.68 (95% CI 0.62–0.74).

As demonstrated in Figure 1, the differences in agreement between warfarin and the other anticoagulant and antiplatelet agents were overall consistent within each EMS agency. Stratifying agreement by level of transport (ALS vs. BLS) suggested no difference in agreement between ALS and BLS transport (Figure 2, Panel A). However, stratifying by provider level (paramedic vs. non-paramedic) suggested a higher level of agreement with warfarin and aspirin use for paramedics compared to non-paramedics but no difference with other antiplatelet agents (Figure 2, Panel B). Complete agreement measurements presented in Supplemental Table 2 (Online Supplement).

DISCUSSION

Our study compared EMS to ED/hospital medication ascertainment of preinjury anticoagulant and antiplatelet use in older adults with head trauma. Our study included one year of data from 5 EMS agencies and 11 receiving hospitals which accounted for the entire county's 9-1-1 volume. The results of our study demonstrated two key findings. First, preinjury use of any antiplatelet or anticoagulant medication in older adults with head trauma was common; ED and hospital providers recorded that over 28% of patients were taking these medications. Second, only EMS medication ascertainment for preinjury warfarin use had an acceptable level of agreement with ED and hospital providers. Medication ascertainment for DOAC, aspirin, and other antiplatelet agent use had kappa statistics less than 0.60.

For EMS providers, obtaining an accurate medication history in patients with preinjury anticoagulant or antiplatelet use in the setting of head trauma is important. Older adults with preinjury anticoagulant or antiplatelet use are often initially well-appearing and have low impact mechanisms of injury (e.g., ground level falls) and thus do not routinely meet physiological, anatomical, or mechanism of injury criteria for field triage to a trauma center.^{17,18} However, these patients not infrequently have life-threatening tICH requiring emergent neurosurgical interventions and

TABLE 3. Agreement between EMS vs. ED/hospital providers for preinjury anticoagulant or antiplatelet use.

Preinjury medication	n (%) per EMS providers	Overall agreement,%	Positive agreement,%	Negative agreement,%	Kappa statistic (95% CI)
Warfarin	123 (5.8)	96.9	67.3	99.5	0.76 (0.71–0.82)
DOAC*	7 (0.3)	99.4	33.3	99.9	0.45 (0.19–0.71)
Aspirin	184 (8.7)	84.5	30.6	96.0	0.33 (0.28–0.39)
Other antiplatelet agent†	115 (5.5)	96.1	40.0	99.3	0.51 (0.42–0.60)

EMS: Emergency Medical Services; ED: Emergency Department.

*Direct oral anticoagulant, includes dabigatran, rivaroxaban, and apixaban.

†Other antiplatelet agent includes clopidogrel, ticlodipine, prasugrel, dipyridamole, cilostazol, or ticagrelor.

specialized critical care.^{19,20} The most recent field triage guidelines (2011) were modified to highlight the risk for rapid neurological deterioration in older adults with preinjury anticoagulant or antiplatelet use.¹⁸ Step four of these triage guidelines include the statement that patients with head trauma and either anticoagulant use or bleeding disorders are at high risk for rapid deterioration and EMS providers should consider transporting these patients to a trauma center.¹⁸

To our knowledge, this is the first study that evaluated EMS medication ascertainment of preinjury anticoagulant and antiplatelet use across a broad cohort of older adults with head trauma. The characteristics of our patient population were similar to prior studies of older adults with head trauma; the majority of patients presented to the ED after a ground level fall and with a normal mental status.^{14,26,27} Evans et al.²⁸ reported 60% of older adults presenting to the ED after a fall had preinjury use of anticoagulant or antiplatelet agents. However, the study included only patients triaged to the trauma resuscitation room and thus these patients more likely to be severely injured compared to our study. We identified one prior

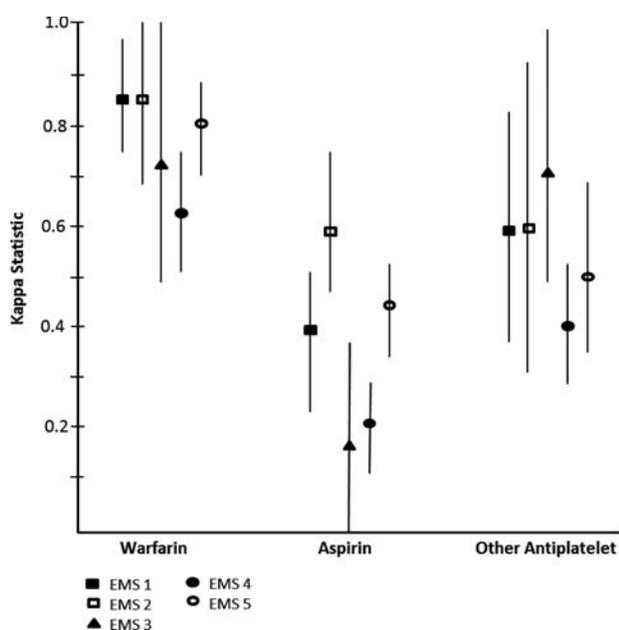
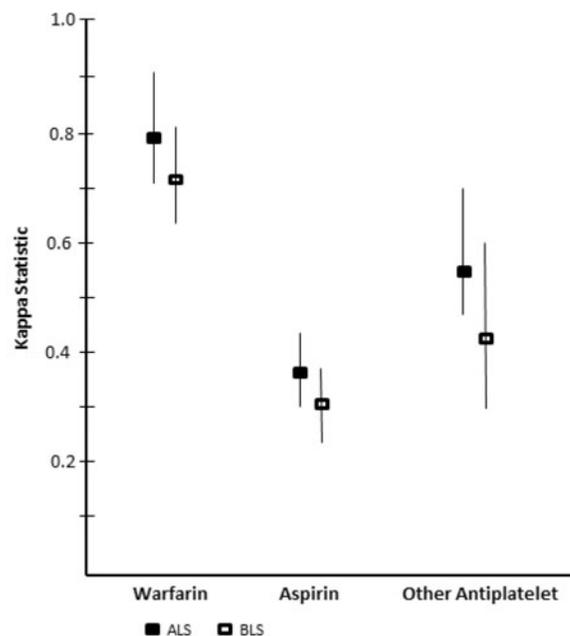


FIGURE 1. Agreement stratified by EMS agency and medication.

Panel A. Agreement stratified by level of transport



Panel B. Agreement stratified by provider level

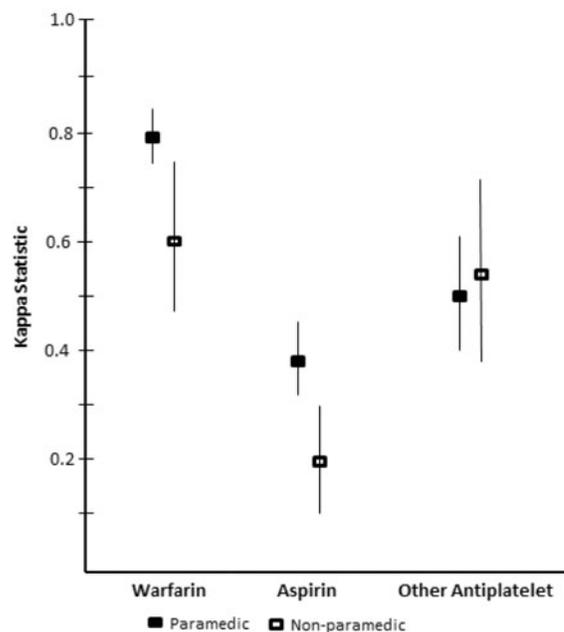


FIGURE 2. Agreement stratified by level of transport and provider level.

study that compared prehospital and ED medication reconciliation.²⁹ Damlien et al.²⁹ found a 62% rate of clinically relevant medication discrepancies between prehospital and ED medication reconciliation. Age 60 years or older was an independent risk factor for having a clinically relevant medication discrepancy.

Our results suggest that prehospital medication ascertainment is better in patients with preinjury warfarin use than in patients with preinjury aspirin or other antiplatelet agents use. This may be due to EMS providers having greater awareness of the bleeding issues from warfarin and being more vigilant in identifying preinjury warfarin use than antiplatelet agents. Many head injury guidelines highlight the risk of intracranial bleeding in patients with warfarin use but they do not consider antiplatelet agents an indication for cranial imaging.^{13,15,16} Preinjury clopidogrel use in the setting of blunt head trauma, however, has been shown to have a higher risk for tICH than preinjury warfarin use.¹⁴ The higher level of agreement with warfarin compared to aspirin or other antiplatelet agents may also be due to patients reporting warfarin use to prehospital providers more accurately than reporting antiplatelet use. Older adults are particularly at risk for providing inaccurate medication histories.³⁰ In addition, frequent INR checks in patients taking warfarin and their perceived risks of bleeding may make patients more aware of warfarin use than antiplatelet use.³¹

The threshold of a kappa statistic ≥ 0.60 for acceptable interrater agreement is based on precedent.^{24,25} Different thresholds of acceptability (e.g., kappa statistic ≥ 0.50) or use of the lower bound of the 95% confidence interval of the kappa statistic (≥ 0.40) have also been used.^{32–34} Several instances where the percent agreement was high ($>80\%$) but the kappa statistic was fair or moderate (0.21 to 0.60) occurred due to what is known as the “kappa paradox”.³⁵ In situations where the prevalence is very low or very high, the resulting kappa statistic may not fully reflect the reliability of the measure, necessitating the use of other measures such as percent agreement.³⁶ The kappa paradox is particularly true for the evaluation of DOAC use. Due to the small number of patients taking DOAC agents at the time of our study, the measures of agreement for DOAC use has wide confidence intervals. Our study included patients from 2012, thus many of the DOAC agents were very new to the market (dabigatran [2010], rivaroxaban [2011], and apixaban [2012] for nonvalvular atrial fibrillation; rivaroxaban for venous thromboembolism prophylaxis [2011; knee or hip surgery] and treatment [2012]). With increasing use of the DOAC agents, future studies should be directed at evaluating prehospital medication ascertainment of these medications.³⁷

Given the importance of identifying all medications that increase the risk for tICH, future work may include using enhanced electronic patient care records

such as drop down lists or disease specific alerts.³⁸ Our sensitivity analysis stratifying by level of EMS provider suggested a higher level of agreement with warfarin and aspirin use with paramedics compared to non-paramedics. This finding suggests that prehospital medication ascertainment might be improved either by enhanced education and training and/or by attempting to increase the proportion of transfers for which a paramedic does the PCR documentation.

Our results should be interpreted in the context of some limitations. First, this was a retrospective study and subject to the inherent limitations of using retrospective data.³⁹ Second, ED and hospital documentation of medication use as the reference standard may be problematic. ED and hospital medication ascertainment may also be subject to the same limitations as prehospital medication ascertainment (e.g., patients who are poor historians or acutely injured). However, we conducted a sensitivity analysis using an elevated INR as the reference standard for patients on warfarin and found similar agreement measurements. Third, data is provided only on documented use of anticoagulants and antiplatelets. It is possible that EMS providers knew that a patient was taking a particular anticoagulant or antiplatelet medication and verbalized this to ED staff, however did not document it on medical records. Finally, the results of this study are based on data primarily from one county and may not be generalizable to other EMS systems. However, we included EMS agencies and hospitals that differed by volume of transports and trauma center designation and thus represents a heterogeneous EMS system.

CONCLUSIONS

The use of antiplatelet or anticoagulant medications in older adults with blunt head trauma and transported by EMS is common. EMS and ED/hospital providers have acceptable agreement with when assessing for a patient's use of warfarin but not with DOAC, aspirin, and other antiplatelet agent use.

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